

How Do I Know If My Treatment Is Working Checklist

Here is a checklist that you can print off and check off before you see your physician.

Do you feel any difference (positive/negative/neutral) in your thoughts/feelings/behaviours/body?

How long were you told (or do you know) it will take to notice anything?

Try not to over-do medical cannabis if you feel like it is not working quick or strong enough - give it time! Otherwise, there may be adverse effects.

Have you taken the medical cannabis as directed?

Route Dose Frequency Settings

Do others around you notice any changes? Yes No

If answered 'Yes', what have others noticed?

Notes

Follow up with your physician to let them do any indicated follow up tests to assess/monitor changes in signs/symptoms.

If the current type/dose/route/timing of medical cannabis is not working, have you tried adjusting these?

Yes—If so, answer the above questions again.

No—If not, make adjustments in accordance with the product monograph and physician consultation.